

Established 1972 By and For the People of Love County Richard Barker, Administrator

Ambulance Emergency

911

Clinic Appointments 276-2400

**Hospital Information** 

276-3347

**Community Resources** 

211

Domestic Violence Help
276-2042

**Z/0-2042** Hotline - 226-6424

## THERAPY DEVICES FOR DRESSING



Dressing Without Bending or Stooping: Patient Teresa Strickland, with Occupational Therapist Assistant Bill Graham, demonstrates the sock aid (I) and the reacher/grabber (c) and (r) for adding or removing clothing from an operated leg.

> The sock aid is a tubular device with a nylon interior and a terry cloth exterior. While seated, pull your sock over the device. Place the device on the floor. Slide your foot into the device. Pull up on the side straps. The sock aid comes free after the sock clears the ankle. Lower the device and step away.

**Reacher/Grabber:** This aluminum device is 26" to 32" long, with a trigger-style handgrip and a serrated jaw. Pull the trigger and the jaws tighten to provide a secure grip for lifting. A small hook mounted to the end aids in retrieving things like clothes or shoes.

We're YOUR Hospital, Clinic and EMS Mercy Health/Love County

Sock Aid:

The Small-Town Hospital with the Big Heart

300 Wanda - Marietta, OK 73448

www.mercyhealthlovecounty.com